



# APEC Women Leaders' Network Meeting

## WORKSHOP "WORK & LIFE HARMONY"

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- Work and life harmony is perceived as ability of balancing work and life.
- Everyone, men as well as women wish to be successful in careers and happy in life.
- Life and work are affecting one another, good at work will promote people with more passion for life, while family - a sound backbone will inspire people at work.
- Men and women have different needs and concerns. → Therefore, they have different perspectives and experiences.

# Work and life integration is not easy for women

- Due to women's biological characteristics as motherhood, and with the persistence of gender prejudice, work and life integration is not easy for women.
- Their lifespan tends to be a chain of great endeavours and efforts to fulfill this "twin roles".



- Realities have indicated that many girls have to give up their dreams and study opportunities to work for their families' well-being.
- Many women have lost their jobs or professional development opportunities due to pregnancy and maternity.
- Many women have confronted with hard decision on choosing either career or family.

- Many of them have to give up the jobs they have loved or pursued for the success of their husbands and children.



**This is the main reason driving women being left behind men and having lower status**

# Some statistics about Vietnamese Women:

- Women account for more than 50% of the total population
- More than 50% of the laborforce
- 70% in agricultural
- More than 60% in healthcare and education

- One female Vice - President of the State
- One Female Vice Chair of the National Assembly
- Two women in the Central Party Committee Secretariat
- 25.76% women in the National Assembly

# We are trying to:

1. Promoting public education, particularly policy-makers, employers and men on women's employability, gender equality, benefits of investment in women and promotion of men's responsibility sharing



2. Completing and enforcing related laws and policies minimizing gaps between men and women in promotion, designation and retirement.

It is needed to have appropriate policies to enable women accessible to training, employment and other social services available

3. Encouraging women to actively study, be confident, and know how to manage the time effectively and involve the sharing of the family members



4. Organizing related activities and praising successful women and encouraging good at sharing





**THANK YOU VERY MUCH!**